Miami-Dade County Public Schools

School Wellness/Healthy School Team Committee Action Plan
2024-2025

School Name & Location Number:	William H. Turner Technical Arts High School
Principal:	Uwezo Frazier
Phone Number:	(305) 691-8324
School Wellness/Healthy School Team Leader:	Nathan Silimon
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Nathan Silimon Gladys Vounzi Brenda Lainez-Kamer Latonya Gibbs-Hill
Committee Meeting Dates:	1/24/25 (Nutrition Planning)
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	☐Nutrition ☐Physical Education ☐Physical Activity ☐Health and Nutrition Literacy ☐Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	**Nutrition:** Education on healthy meal plans and options. **Physical Education: Physical:** Exercise routines daily to promote a healthy lifestyle. **Activity:** PowerPoint presentations on Making Healthy Eating Choices. **Health and Nutrition Literacy:** Curriculum embedded with education on Nutrition. **Preventive Healthcare:** Nurse Academy will educate students on preventive healthcare.

Sustainability Practices:	Promote the initiative in and outside of the classroom. Daily lessons within the classroom. Advertise healthier food choices.
Community Engagement:	Parents have access to school's meal plan on-line. Occasional health fairs.
Monitoring and Evaluation:	Check for understandings that follow daily lessons. Meetings to discuss the plan.
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	